


**Academic Resilience Consortium**  
<https://academicresilience.org>

With an institutional membership, all ECU faculty, staff, and students can access the Academic Resilience Consortium (ARC) at no cost. Academic resilience can be broadly defined in terms of capacities such as persistence, creativity, emotional intelligence, grit, thriving, cognitive flexibility, agency, flourishing, adaptation, addressing social justice and equity, learning from failure and success, and overcoming adversity. ARC fosters a collaborative community focused on enhancing academic resilience, supporting trauma-informed teaching, and supporting all students in their educational journeys. Use your ECU username and password to create your account and get access to the plethora of resources offered through ARC. Note: Memberships take at least 24 hours to activate, so you will not have access to ARC immediately after creating your account. Contact Kerri Flinchbaugh ([flinchbaughk@ecu.edu](mailto:flinchbaughk@ecu.edu)) with any questions.

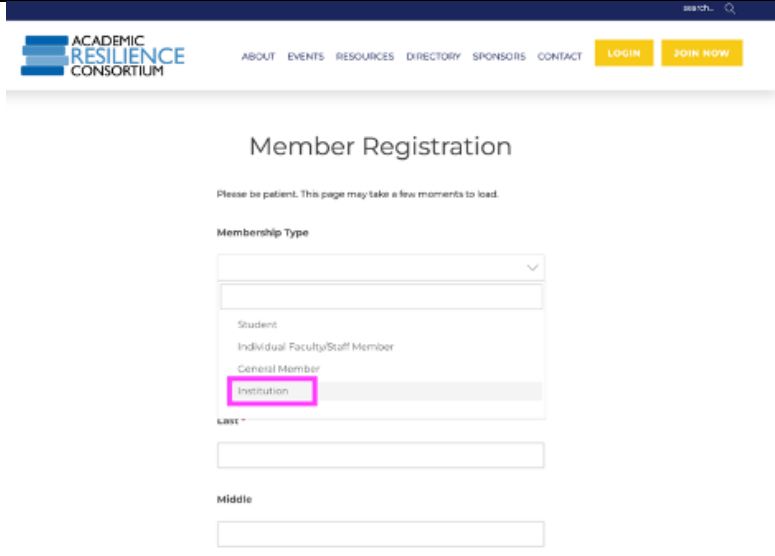
**First, create your ARC account.**

<p><b>Directions</b></p>	
<p>Start on the <a href="#">ARC homepage</a>.</p>	

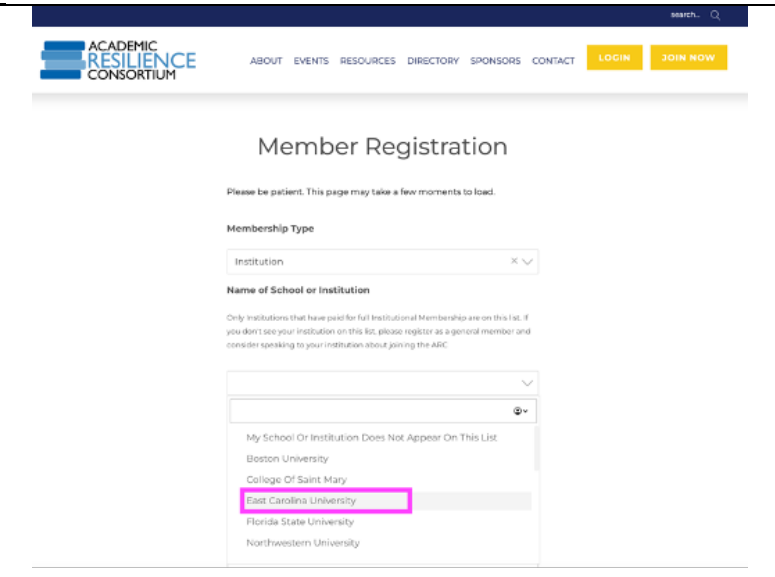
Select [Join Now!](#) to create your account, username, and password.



In Membership Registration, select 'Institutional' for type of membership.



Select 'East Carolina University' for Name of Institution.



Input your information.

**CONTACT INFO**

First \*

Last \*

Middle

Title

Email \*

Address \*

Use your ECU username and password to Login to ARC.

The screenshot shows the website header for the Academic Resilience Consortium. The navigation menu includes: ABOUT, EVENTS, RESOURCES, DIRECTORY, SPONSORS, CONTACT, LOGIN (highlighted with a pink box), and JOIN NOW. A search bar is located in the top right corner. The main content area features a large blue banner with the text "THE ACADEMIC RESILIENCE CONSORTIUM" and "an association of students in higher education dedicated to promoting student success". A yellow "PAY MY BILL" button is visible at the bottom left. A white login modal is centered on the screen, containing the following elements: "Username or E-mail" input field, "Password" input field, a reCAPTCHA "I'm not a robot" checkbox, a "Keep me signed in" checkbox, a yellow "Login" button, a grey "JOIN NOW" button, and a "Forgot your password?" link.