

My Educational Philosophy:

I am passionate about the student learning experience and want my learners to enjoy gaining knowledge. I am fortunate to teach learners in different arenas. I teach in the classroom throughout the medical education continuum and especially during the OB/GYN Clerkship. I teach clinically on the wards, in the clinic and in the operating room. I teach medical students, residents and sometimes even faculty, both here and through national talks. I will teach anyone who asks about my life in medicine through shadowing and invited talks. I am grateful to educate our learners in each of these spaces. I try to bring it to their level – make it relatable to them. How is this information important clinically? How will a patient present with this condition? What are the areas for concern? What are the points of caution? I try to organize my lectures to aid in student understanding. In many of my lectures, I incorporate story telling from my life in medicine to give the learners a clinical context. I share when things went well and even when things could have gone better in hopes that this could help shape them going forward.

If you know me, you will know that I am the eternal optimist, and as such, I try to teach in a positive way rather than a negative way. I can put a positive spin on most anything – even if it was the worst night of call. I always consider that there was a reason I was placed there so that I could learn from these events and/or teach future physicians how to handle these difficulties with grace under pressure. I do my best to identify teachable moments at all times and I adapt my teaching to the level of the learner. One of my favorite aspects of teaching is to see the students' engagement through their "Aha" moments. I love seeing that a student is "getting it". I enjoy innovation and simulation to help the students understand the practical application of a skill to clinical medicine. Our Simulation/Midterm Feedback Day is just one example of this and it was started in 2014. I have been continuously working to improve our simulation day ever since, for the benefit of our learners.

I want my learners to love medicine and the field they ultimately choose. (And by the way, it doesn't have to be Obstetrics and Gynecology!) I want them to be as passionate about their craft as I am about mine. I want every Brody student to pass "***The 4am Test***". I created this test for our students to help guide them in career decision making. It is my hope that every student will be as excited about their chosen field at 4am as any other time of day. If they get a call to come see a patient with a condition that is managed by their specialty, they are excited to go help them, regardless of the time of day. Just recently, I received an email from a former student stating that he had passed the 4am test. No details were shared, and no details were necessary – I was incredibly proud that this student had

successfully chosen the right path and honored that they shared this news with me.

From a mentorship standpoint, I consider it an honor to help students find their own gifts and turn them into creative works! I have guided my students and harnessed their seemingly endless energy to help them shine and achieve their goals. I nurture them through the process of transforming an idea into a creative work that is then able to be presented locally, regionally and nationally. The reward for me is their success! These students are shining examples of the great work that is happening here at Brody. It gives me great pride that their work is getting out to a wider audience and it reflects positively on all of us who educate them!

Finally, I am a proud “Brody Lifer”. When asked to teach about my life in medicine, there is a central theme to these talks - there is something very special here at Brody. Students who choose Brody are fortunate to have a supportive, personalized and nurturing learning environment to obtain their undergraduate medical education. We know our students and they know us as faculty. I have been honored to give the “Second Look Weekend” lunch lecture to prospective students and their supportive loved ones, that highlights the strengths of a Brody Medical Education, for the past 4 years. This is one of my favorite lectures, as I am able to reflect on my time here and turn it into a creative talk to encourage students to choose Brody!

In summary, I am a passionate educator who will creatively teach anyone who wants to learn! My interests include Women’s Health, Obstetrics and Gynecology, and Life in Medicine. Per evaluations of my teaching, our learners find my style engaging, enjoyable and relevant. I am an advocate for our learners and consider it one of my greatest joys to see them succeed both in medicine and in life!